Measurement of solid-state optical refrigeration by two-band differential luminescence thermometry

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We present a non-contact optical technique for the measurement of laser-induced temperature changes in solids. Two-band differential luminescence thermometry (TBDLT) achieves a sensitivity of ~7 mK and enables a precise measurement of the net quantum efficiency of optical refrigerator materials. The TBDLT detects internal temperature changes by decoupling surface and bulk heating effects via time-resolved luminescence spectroscopy. Several Yb3+-doped fluorozirconate (ZrF4–BaF2–LaF3–AlF3–NaF, ZBLAN) glasses fabricated from precursors of varying purity and by different processes are analyzed in detail. A net quantum efficiency of (97.39±0.01)% at 238 K (at a pump wavelength of 1020.5 nm) is found for a ZBLAN:1% Yb3+ laser-cooling sample produced from metal fluoride precursors that were purified by chelate-assisted solvent extraction and dried in hydrofluoric gas. In comparison, a ZBLAN:1% Yb3+ sample produced from commercial-grade metal fluoride precursors showed pronounced laser-induced heating that is indicative of a substantially higher impurity concentration. The TBDLT enables rapid and sensitive benchmarking of laser-cooling materials and provides critical feedback to the development and optimization of high-performance optical cryocooler materials. © 2010 Optical Society of America

1. INTRODUCTION

The first successful laser-induced cooling of a solid in 1995 produced a mere 0.3 K of cooling in the Yb3+-doped fluorozirconate glass (ZrF4–BaF2–LaF3–AlF3–NaF, ZBLAN) [1]. Since then, the field has made a steady progress in material preparation methods [2,3], optical configurations [4], and characterization techniques; and this effort has recently resulted in the laser cooling of a LiYF4:Yb3+ bulk crystal to 164 K [5]. This temperature rivals high-end thermoelectric coolers [6] and underscores the potential of laser cooling as an emerging solid-state cryogenic refrigeration technology. Laser cooling down to ~70 K is theoretically possible in Yb3+-doped materials [7,8], and even lower temperatures may be achieved with other rare-earth ions (such as Tm3+ or Dy3+) that have smaller energy gaps and higher laser-cooling efficiencies.

The ability to accurately and rapidly measure the laser-cooling efficiency of a sample is critical for the systematic development of the purification and fabrication processes associated with the preparation of optical refrigerator materials. The measurement of the laser-cooling efficiency, however, is met with difficulties. Significant pump light absorption and a corresponding significant temperature change are only achieved in multi-pass pump geometries. These involve not only the setup and alignment of a pump cavity, but also the laborious preparation of a sample with high quality optical surfaces. Furthermore, non-contact thermometry is required since a temperature sensor in thermal contact with the sample would potentially become a heat load when exposed to the pump light and sample luminescence. A simple single-pass pump geometry and a thermometry method that is insensitive to the surface preparation would greatly facilitate the sample characterization and enable expeditious feedback of laser-cooling performance data to the material development effort. A non-contact thermometry method is therefore needed that (1) has sufficiently high sensitivity to detect the <0.1 K temperature changes that are typical of single-pass pumping of laser-cooling materials, (2) is insensitive to laser-induced heating at imperfect sample surfaces, (3) can be used at low temperatures, and (4) can resolve the fast thermal response in the time domain. Luminescence spectra have been used in the past as non-contact internal temperature probes and, in the case of rare-earth-doped materials, absolute temperature measurements with ±0.1°C accuracy have been reported [9]. The changes in the luminescence intensity distribution for rare-earths are quite subtle, especially when compared to those observed in semiconductors where substantial wavelength shifts produce large changes in the intensity distribution [10]. In contrast, the 4f electrons in rare-earths are well shielded from the environment in the solid, and crystal field transitions therefore do not appreciably shift with temperature. The temperature-induced intensity changes in rare-earth luminescence spectra are thus primarily due to changes in (1) the Boltzmann population of the crystal field levels of the emitting state and (2) the homogeneous linewidths of the individual crystal field transitions. Seletskiy et al. reported a time-resolved technique that detects small laser-induced temperature changes inside the sample via changes in its luminescence spectrum [11]. Their differential luminescence thermometry (DLT) experiment correlated the relative intensity change of two adjacent regions in the luminescence spectrum with the temperature of a rare-earth-doped crystal.
Let us now look more closely at one such pumping cycle for the example of the Yb\(^{3+}\)-doped fluorozirconate glass (ZrF\(_4\)–BaF\(_2\)–LaF\(_3\)–AlF\(_3\)–NaF–InF\(_3\), ZBLANI). Assume a bulk sample of ZBLANI:Yb\(^{3+}\) in thermal equilibrium with the surrounding bath temperature. A pump laser with a Gaussian transverse intensity distribution is focused into the bulk of the sample and turned on at time \(t = 0\). A spatially non-uniform and time-dependent temperature distribution will develop as a result of laser-induced internal heating or cooling processes. As illustrated in Fig. 1, the \(2F_{5/2} \rightarrow 2F_{7/2}\) luminescence spectrum of Yb\(^{3+}\) is temperature dependent, and the Yb\(^{3+}\) ions can therefore serve as local temperature probes. Specifically, the ZBLANI:Yb\(^{3+}\) luminescence spectrum contains four spectral regions in which the luminescence intensity either increases (regions A and C) or decreases (regions B and D) as the sample temperature is raised (see Fig. 1). We will focus on regions A and D since they can be easily selected with commercial bandpass filters (see Subsection 3.B). The Yb\(^{3+}\) luminescence spectral distribution \(I(\lambda, T, t)\) at time \(t\) is determined by the local temperature \(T\), and the respective differential luminescence signal is defined as [12]

\[
\Xi(T, t) = \frac{I_A(T, t) - I_B(T, t)}{I_A(T, t) + I_B(T, t)},
\]

In Eq. (1), \(I_A(T, t)\) and \(I_B(T, t)\) are integrals over the product of the luminescence spectrum, \(I(\lambda, T, t)\), and the bandpass filter transmission spectra \(\theta_A(\lambda)\) and \(\theta_B(\lambda)\), respectively, i.e.,

\[
I_A(T, t) = \int I(\lambda, T, t) \theta_A(\lambda) d\lambda,
\]

\[
I_B(T, t) = \int I(\lambda, T, t) \theta_B(\lambda) d\lambda,
\]

where Fig. 2 shows this overlap for our particular example.

Finally, since luminescence is collected from a finite volume, we must account for the temperature distribution

![Image](image-url)

**Fig. 1.** Area normalized luminescence spectra at different temperatures for Sample 4 (see Table 1). As the temperature is increased, the luminescence intensity of regions A and C increases while the luminescence intensity of regions B and D decreases. Note that the full spectrum, which extends to >1030 nm, is not shown for clarity.

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2. TBDLT

A. Principle of Operation

The TBDLT monitors the luminescence from a sample and deduces laser-induced temperature changes from changes in the spectral distribution. Laser-induced temperature changes can arise from (1) local cooling or heating inside the material and (2) heating at imperfect sample surfaces. The main advantage of the TBDLT is in its ability to distinguish the intrinsic laser-induced cooling or heating processes from laser-induced heating at the sample surfaces, thereby eliminating the need for a difficult and laborious surface preparation and thus greatly facilitating the sample characterization. Bulk cooling or heating is decoupled from surface heating by monitoring laser-induced temperature changes in the time domain and in a small internal volume. This can be achieved because internal cooling or heating processes dominate the temperature change immediately after turning on the laser, and it is only after some time that the heat generated at the sample surface reaches the locally monitored excitation volume inside the sample. The experiment, therefore, consists of turning on the laser for a period of time and monitoring the temperature change that occurs due to intrinsic cooling or heating processes, followed by turning off the laser for a period of time for the sample to thermalize back to the ambient temperature. This sequence is repeated, and the signals are averaged over many cycles. This cycled pumping method also eliminates the effects of long-term ambient temperature drifts. Such an experiment is also, importantly, insensitive to reabsorption effects which plague experiments taken with an infrared camera, for example.
The local temperature in the excited volume, and thus the measured TBDLT signal $\Xi(T,t)$ is therefore obtained by the integration of Eq. (1) over the transversal plane. Note that the luminescence intensity is proportional to the excited state population $n_2(x,y,t)$, and $\Xi(T,t)$ is thus weighted by $n_2(x,y,t)$ accordingly, as discussed in detail elsewhere [12]. $\Xi(T,t)$ is defined such that it decreases with decreasing sample temperature, i.e., laser-induced cooling will cause the value of $\Xi(T,t)$ to decrease with time. The normalization to the total luminescence intensity $I_A^t + I_D^t$ accounts for the temperature dependence of the absorption coefficient as well as for drifts in the optical alignment and laser power. The change in $\Xi(T,t)$ can be found, in principle, from a series of luminescence spectra recorded in rapid succession after the laser has been turned on. The sensitivity of commercial luminescence spectrometers, however, was found to be insufficient and did not allow for sufficiently high DAQ rates to resolve $\Xi(T,t)$. This provided the main motivation for developing the TBDLT method presented here.

### B. Data Analysis Method

The local temperature in the excited volume, and thus the measured TBDLT signal $\Xi(T,t)$, varies as a function of time after turning on the laser. $\Xi(T,t)$ therefore depends on several factors including (1) host material properties such as heat capacity, thermal conductivity, and the mass density; (2) pump beam characteristics such as beam waist and laser power; (3) the rare-earth dopant ion density and relaxation rate; (4) the net quantum efficiency $\eta$; (5) and (6) the sample size. A formal description of the spatial and temporal dependence of temperature in laser-cooling materials is given elsewhere [12]. From these calculations we expect the TBDLT signal $\Xi(T,t)$ to have three temporal components. There is an initial fast component with a time constant that is governed by the material properties, and it is characteristic of how quickly heat flows out of (cooling) or into (heating) the much larger bulk volume of the sample. Finally, the sample reaches thermal equilibrium and $\Xi(T,t)$ reaches a steady-state value. The period of time required for the steady state to develop depends on the sample size and was found to be >5 s for the samples of this study. The experimental setup, described in detail in Subsection 3.B, did not allow for measurement of the initial fast component and therefore only captured the second slow component (beginning at $t \approx 25$ ms in ZBLAN:Yb$^{3+}$). The functional form of the slow component of the $\Xi(T,t)$ transient follows a simple power law [12],

$$\Xi(T,t) \propto t^\theta.$$  

The slope $\theta$ of the respective line in the double-logarithmic representation is a metric for the laser-induced temperature change, and it can be used as a characteristic TBDLT parameter that provides a measure of the laser-cooling performance of the material at a given bath temperature. Laser-induced cooling or heating is therefore present if $\theta < 0$ or $\theta > 0$, respectively. $\theta = 0$ corresponds to the temperature at which the rates of laser-induced heating and cooling processes are exactly balanced. As shown in the next section, this heat-balanced point is of particular significance as it can be used to determine the net quantum efficiency of the material.

### C. TBDLT of Optical Refrigerator Materials

In rare-earth-doped optical refrigerators, a pump laser is tuned to excite the rare-earth ion at a wavelength $\lambda_p$ that is longer than the mean luminescence wavelength ($\bar{\lambda}$), and the thermal energy is subsequently removed from the solid by the anti-Stokes luminescence. The laser-cooling process is characterized by the cooling efficiency

$$\eta_{\text{cool}} = (\eta_p - \bar{\lambda})/\bar{\lambda},$$

where $\eta$ is the net quantum efficiency of the rare-earth excited state [13]. $\eta$ is defined as

$$\eta(T_p, \bar{\lambda}) = \eta_{\text{abs}} \eta_{\text{ext}},$$

where $\eta_{\text{ext}}$ describes the efficiency with which an excited ion produces a luminescence photon that escapes from the sample. The absorption efficiency $\eta_{\text{abs}} = \sigma_p(\bar{\lambda})/(\sigma_p(\bar{\lambda}) + \sigma_b)$ accounts for the fraction of excited photons that are engaged in cooling, where $\sigma_p(\bar{\lambda})$ is the resonant (e.g., Yb$^{3+}$) absorption at a given wavelength and $\sigma_b$ is the background absorption of the material, typically assumed to be independent of the pump wavelength and temperature. Note that $\eta$ is a function of both temperature and pump wavelength, largely through the absorption term $\eta_{\text{abs}}$, but also due to the spectral overlap between the rare-earth ion emission and the impurity absorption. Previous studies have identified certain transition metal ions (e.g., Cu$^{2+}$, Fe$^{2+}$, Co$^{2+}$, and Ni$^{2+}$) and impurities having high-energy vibrational modes (e.g., OH$^-$ and H$_2$O) as contributors to lowering the net quantum efficiency [14]. It was estimated that the concentration of such impurities must be below the 100 ppb range for a material to realize practical cooling efficiencies at cryogenic tempera-
The short-wavelength zero crossing occurs when changing by (1) changing \( \eta \) to 1, the situation is fortunate in laser-cooling materials. Here, the wavelength difference \( \eta_p - \lambda_f \) can be tuned to one of the two points where laser-induced cooling and heating are exactly balanced and no laser-induced temperature change occurs. Figure 3 illustrates the normalized laser-induced change in temperature \( \Delta T \) (which is proportional to \( \eta_{cool} \)) as a function of the pump wavelength. The heat-balanced points (solid dots) can be reached by tuning \( \eta_p = \lambda_f \) either by (1) changing \( \lambda_f \) at a fixed sample temperature and observing the wavelength where this crossover point occurs (referred to as the zero-crossing wavelength \( \lambda_{ZCT} \)) or (2) changing \( \lambda_f(T) \) via the sample temperature at a fixed laser wavelength. In the latter case, \( \eta \) then gradually increases as the sample temperature is lowered (and \( \eta_p - \lambda_f \) is decreased via increasing \( \lambda_f \)) until laser-induced cooling switches over to laser-induced heating (\( \eta > 0 \)) at a characteristic sample temperature. This crossover point is referred to as the zero-crossing temperature \( (T_{ZCT}) \) where laser-induced cooling and heating are exactly balanced, i.e., \( \eta = 0 \). This is the lowest temperature at which the sample can sustain laser-induced cooling and is yet another benchmark for laser-cooling performance. At the two heat-balanced points, the laser-induced temperature change \( \Delta T \approx \eta_{cool} \) and the net quantum efficiency \( \eta(\lambda_p, T) = \lambda_f/\lambda_p \) can be calculated from two easily observable quantities. Laser-induced temperature changes near the heat-balanced point are small, and a sensitive non-contact thermometry method is therefore needed.

Changing the pump wavelength to locate one of the temperature balanced points is a conceivably easier experiment; however, widely tunable high power lasers are not necessarily available at the desired pump wavelengths. At longer pump wavelengths, we can take advantage of the second approach to finding a temperature balanced point when such tunable pump sources are not readily available, as was the case for our particular experiment. At shorter wavelengths, where \( \lambda_p \sim \lambda_f \), \( \alpha_b \) is insignificant with respect to the large \( \alpha_r \). Therefore, \( \eta_{abs} \sim 1 \) and thus \( \eta - \eta_{abs} \) and the cooling efficiency should be approximately linear with respect to \( \lambda_f \). In this case, \( \eta_{abs} \) can be measured by a standard fractional heating experiment [14] that observes \( \Delta T \) as a function of \( \lambda_p \) to find \( \lambda_{ZCT} \). However, in the longer-wavelength region, \( \alpha_r \) is significantly smaller, and \( \alpha_b \) becomes more significant and must be accounted for. Assuming that \( \eta_{abs} \) does not vary with the wavelength, \( \alpha_r \) can be found at the shorter wavelength and used to determine \( \eta_{abs} \) in Eq. (5). Additionally, given \( \alpha_r(T) \), we can estimate the background absorption \( \alpha_b \). Thus, each zero-crossing point provides valuable information on \( \eta_{abs} \) and \( \alpha_b \) and thus on the impurity concentration.

An experiment thus consists of measuring \( \Xi(T, t) \) transients at different sample temperatures, fitting the power law [Eq. (3)] to the slow component of each transient, calculating the slopes \( \eta \), deducing \( T_{ZCT} \) from a plot of \( \eta \) versus the sample temperature, and calculating \( \eta = \lambda_f/\lambda_p \) from \( \lambda_f \) at \( T_{ZCT} \). The measured net quantum efficiency \( \eta \) or \( T_{ZCT} \) can be used as a measure for the quality of a laser-cooling sample, where a higher value of \( \eta \) or lower \( T_{ZCT} \) is indicative of a sample with a lower level of impurities. This method enables performance benchmarking of laser-cooling samples by correlating lower impurity samples with lower \( T_{ZCT} \) values.

3. EXPERIMENTAL SECTION

A. Yb\(^{3+}\)-Doped Fluorozirconate Glasses

Several Yb\(^{3+}\)-doped ZBLAN glasses were characterized by the TBDLT method described in Section 2. Table 1 summarizes the glass compositions and provides comments on sample preparation conditions. Sample 1 was synthesized from commercially available high-purity metal fluoride precursors without conducting any further purification except the mandatory drying and fluorination of metal fluoride precursors in hot hydrogen fluoride gas. Samples 2–4 incorporate progressive stages of the solvent-extraction purification currently under development in our laboratory, a process that aims at reducing transition-metal impurities to low-parts-per-billion levels [2,3]. Samples 5 and 6 are identical to Sample 4, except for a higher 2 mol. % Yb\(^{3+}\) concentration in Sample 5 and sublimated (another purification technique) rather than solvent-extracted ZrF\(_4\) in Sample 6. Sample 7 is a commercial ZBLAN:Yb\(^{3+}\) sample procured from IPG Photon-
ics that has shown good laser-cooling performance, and it was used as a point of reference in this study.

**B. TBDLT Experiments**

The TBDLT experimental setup is shown schematically in Fig. 4. The sample was mounted on the temperature-controlled cold finger of a liquid-nitrogen flow cryostat (Helitran, LT-3-110) and cooled to the desired temperature in the 100–300 K range. The ambient sample temperature was measured by a miniature (1.5 mm diameter) calibrated silicon diode (Lakeshore DT-421) mounted directly onto the surface of the sample using a small amount of Apiezon grease. Direct measurement of the sample temperature was important because different samples exhibited different temperature gradients between the sample and the cold finger temperature sensor depending on the quality of the thermal contact. The TB-DLT decouples laser-induced temperature changes at the surface from those inside the sample in the time domain, and we confirmed that any potential heating of the small silicon diode at the sample surface during exposure to laser and luminescence light did not affect the measurement.

A diode-pumped continuous-wave (CW) Yb:yttrium aluminum garnet laser (Nanolase, DP12011-T01) equipped with a tunable birefringent filter (1010–1050 nm) produced ~3.5 W of pump power at 1020.5 nm with a Gaussian intensity distribution. This pump wavelength was chosen as a compromise between maximizing the absorbed power for the entire temperature range (favoring a shorter wavelength) and maximizing the laser-cooling efficiency (favoring a longer wavelength). The excitation of the sample was performed in a time sequence consisting of pump laser exposure for 5 s during which the sample heated or cooled, followed by the pump laser being off for 5 s during which the sample equilibrated back to the ambient temperature set by the cryostat. A function genera-

<table>
<thead>
<tr>
<th>Sample Number</th>
<th>Yb$^{3+}$ (mol. %)</th>
<th>ZBLANI Composition (mol. %)</th>
<th>Sample Descriptions and Preparation Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>54–21–3.5–3.5–16.5–0.5</td>
<td>Synthesized from commercial metal fluoride precursors without further purification. Some bulk scattering.</td>
</tr>
<tr>
<td>2</td>
<td>1</td>
<td>54–21–3.5–3.5–16–1</td>
<td>First generation solvent-extraction purification process. Some bulk scattering.</td>
</tr>
<tr>
<td>3</td>
<td>1</td>
<td>53–20–3–3–17.5–2.5</td>
<td>Second generation solvent-extraction purification process. Excellent optical quality.</td>
</tr>
<tr>
<td>5</td>
<td>2</td>
<td>53–20–2–3–17.5–2.5</td>
<td>Same as Sample 4 but with 2% Yb$^{3+}$ doping.</td>
</tr>
<tr>
<td>6</td>
<td>1</td>
<td>53–20–3–3–17.5–2.5</td>
<td>Same as Sample 4 but ZrF$_4$ was purified by sublimation rather than solvent extraction.</td>
</tr>
<tr>
<td>7</td>
<td>2</td>
<td>Unknown</td>
<td>Commercial ZBLAN sample from IPG Photonics.</td>
</tr>
</tbody>
</table>

Table 1. Yb$^{3+}$-Doped Fluorozirconate Glass Samples Used in This Study. The ZBLANI Composition is Given in Mole Percent of the Respective ZBLANI Metal Fluoride Constituents. A Detailed Description of Solvent-Extraction and Hydrogen Fluoride Gas Drying Processes is Given in [2].

Fig. 4. Schematic of the TBDLT experimental setup described in detail in Subsection 3.B. The transmission spectra of the filters used to define bands A and D are shown in Fig. 2.
beam splitter cube. One beam was filtered by bandpass filter A (Andover Corporation, 950FS10), and the other beam was filtered by bandpass filter D (Andover Corporation, 100FS10). Figure 2 shows the transmission spectra of the commercial interference filters used to select bands A and D of the Yb$^{3+}$ luminescence spectrum. Note that the spectrally narrower bands B and C (indicated in Fig. 1) were omitted for simplicity and because they could not be selected easily with commercially available bandpass filters. Each filtered beam was re-coupled into respective 600 μm diameter multimode fibers that terminated on a pair of InGaAs balanced photodiodes (ThorLabs PDB150C). The PDB150C balanced photodetector consists of two photodiodes with well matched responsivities and provides separate voltage outputs that are proportional to the optical power received in each of bands A and D. In addition, the PDB150C includes an ultra-low noise high speed transimpedance amplifier that generates an output voltage proportional to the difference in the optical power in bands A and D, i.e., $I_{A} - I_{D}$. The voltage at each of these three detector outputs was independently and simultaneously measured by a multi-channel DAQ board (Measurement Computing, USB-1616FS) that provided 16 bit resolution at a simultaneous acquisition rate of 36 kHz/channel, enabling time resolutions of up to ~30 μs in the measured TBDLT transients. The DAQ board transferred the data via universal serial bus to a personal-computer-based LabView application that captured and analyzed the data in real time. To achieve the maximum dynamic range, the two filtered beam paths were aligned for each measurement such that the measured difference signal ($I_{A} - I_{D}$) was zero for the CW pumping.

The transients recorded during each 5 s pump interval were averaged until the desired signal-to-noise ratio in the TBDLT transient was obtained. Typical averaging times ranged from 10 min (60 intervals) to 2 h (720 intervals), depending on the luminescence intensity available at a particular temperature.

4. RESULTS AND DISCUSSION
The TBDLT characterization included six Yb$^{3+}$-doped ZBLAN1 samples prepared in our laboratory (Samples 1–6) and a commercial 2% Yb$^{3+}$-doped ZBLAN sample (IPG Photonics; Sample 7) which had shown substantial laser cooling in earlier experiments (see Table 1). Figure 5 shows TBDLT transients for Samples 4 and 7 at different temperatures. The solid lines represent least-squares fits of the power law in Eq. (3) to the transient data. The measured TBDLT transients are described well by this functional shape. Both samples exhibit laser cooling at 300 K as evident from the negative slope of the transient at that temperature. The magnitude of cooling gradually diminishes as the temperature is lowered, i.e., as $\eta_{p} - \lambda_{f}$ decreases due to the increase in $\lambda_{f}$. This is more clearly illustrated in Fig. 6, which shows the respective TBDLT parameter $\vartheta$ as a function of the sample temperature. The closed symbols are the experimental data while the open symbols were obtained from modeling calculations described in detail elsewhere [12]. The temperatures at which laser-induced cooling and heating are exactly balanced, $T_{ZCT}$, are found by interpolation to be 238 and 158 K for Samples 4 (filled circles) and 7 (filled squares), respectively. Note that $\vartheta$ goes through a maximum around 133 K for Sample 7. With decreasing temperature, the pump absorption coefficient decreases and causes the sample to heat less, while the cooling efficiency decreases.

Fig. 5. Transient TBDLT signal corresponding to the laser-induced temperature change at different ambient sample temperatures for Samples 4 (left) and 7 (right). Negative slopes indicate laser-induced cooling while positive slopes indicate laser-induced heating. The solid lines are fits of the power law [Eq. (3)] to the experimental data.

Fig. 6. TBDLT parameter as a function of ambient temperature for Samples 4 (circles) and 7 (squares). Open symbols indicate $\vartheta$ calculated from a theoretical model [12], while closed symbols indicate experimental data. Points below the horizontal line ($\vartheta < 0$) indicate laser-induced cooling while points above the line ($\vartheta > 0$) indicate heating. From this data, the $T_{ZCT}$ can be deduced as 238 K for Sample 4 and 158 K for Sample 7.
and causes the sample to heat more. The maximum at 133 K is a result of these two competing effects.

The 150 K measurement of \( \vartheta \) for Sample 7 has an uncertainty that is just above the zero line, indicating that this temperature change is just resolvable with the TBDLT technique. The calculated laser-induced temperature change at this point is \( \sim 7 \) mK [12], a value that is representative of the sensitivity of the TBDLT method. This sensitivity is indicative of what can be achieved for a Yb\(^{3+}\)-doped ZBLAN glass. Other materials will have different luminescence spectra with different temperature dependences and may thus lead to a different sensitivity.

Figure 7 shows the mean luminescence wavelength \( \tilde{\lambda}_f(T) \) calculated from the luminescence spectra recorded at different temperatures for Samples 4 and 7. \( \tilde{\lambda}_f(T) \) is fit with a cubic polynomial function, and the respective fits (solid lines in Fig. 7) can be used to calculate \( \tilde{\lambda}_f(T_{ZCT}) \). Using \( T_{ZCT} \) found in Fig. 6, this yields 993.9\( \pm \)0.4 and 995.9\( \pm \)0.4 nm for Samples 4 and 7, respectively. Given the fixed laser wavelength of 1020.6 nm, the net quantum efficiency \( \eta = \tilde{\lambda}_f / \lambda_p \) can now be calculated to yield (97.39\%\( \pm \)0.01\% (at 238 K) and (97.58\%\( \pm \)0.01\% (at 158 K) for Samples 4 and 7, respectively. The higher \( T_{ZCT} \) and slightly lower net quantum efficiency of Sample 4 indicate that this sample had a higher concentration of impurities than the commercial Sample 7, demonstrating that precise measurements of net quantum efficiency efficiencies are possible with the TBDLT. These values are also summarized in Table 2.

A more detailed discussion of the net quantum efficiency in Eq. (4) is instructive, as past reports of the quantum efficiency were higher than those we report here [13]. This lower \( \eta \) in the present experiments is due to the fact that the material is pumped at a longer wavelength where the absorption efficiency \( \eta_{abs} \) (in Eq. (5)) is lower, indicating the presence of impurities. In an impurity-free material, \( \alpha_0 = 0 \) and \( \eta \sim \eta_{ext} \). As shown in Table 2, this is clearly not the case for Samples 4 and 7. Given \( \eta_{ext} \) and \( \alpha_0(T_{ZCT}, \lambda_p) \), \( \alpha_0 \) can be calculated. Background absorption coefficients of \( \alpha_0 = 5.42 \times 10^{-4} \) cm\(^{-1} \) and \( \alpha_0 = 3.11 \times 10^{-4} \) cm\(^{-1} \) are found for Samples 4 and 7, respectively, indicating a lower impurity concentration in Sample 7. This trend is in agreement with a lower \( T_{ZCT} \) for Sample 7, compared to Sample 4.

An even more expeditious characterization can be done by simply measuring the TBDLT parameter \( \vartheta \) at room temperature. As seen in Fig. 6, a smaller value of \( \vartheta \) corresponds to a lower \( T_{ZCT} \) and thus a higher quantum efficiency. While a room-temperature measurement alone does not provide \( T_{ZCT} \) or \( \eta \), it allows for a relative comparison of the performance of different laser-cooling samples. All samples listed in Table 1 were characterized in this manner, and the respective \( \vartheta \) values are shown in Fig. 8. Sample 1 clearly illustrates that even the best commercial metal fluorides have insufficient purity to enable laser cooling; this sample showed substantial laser-induced heating even at room temperature. Purification of precursor materials along with a sufficiently high InF\(_3\) oxidizer concentration, optimized hydrogen fluoride dry- ing, and sufficiently long melting times provide a substantial improvement of laser-cooling performance as evident from the successive implementation of these processes in Samples 2–4. The 1% Yb\(^{3+}\) concentration of Sample 4 was increased to 2% in Sample 5, which resulted in substantial heating. The rate of energy migration among Yb\(^{3+}\) ions increases with increasing Yb\(^{3+}\) concentration, and some of the excitations can find impurity sites where non-radiative relaxation takes place. This process is more efficient in the 2% sample (Sample 5) compared to the 1% sample (Sample 4), and the fact that Sample 5 showed substantial heating is direct evidence for energy migration to transition-metal and/or OH\(^{-}\) impurity sites. Also note that the use of ZrF\(_4\) purified by sublimation (Sample 6) resulted in a sample that cooled, however not as much

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### Table 2. Summary of Parameters Critical for Assessment and Comparison of Samples 4 and 7. \( T_{ZCT} \) and \( \eta \) were Measured as Described in Detail in this Article. \( \eta_{ext} \) was Measured Using a Thermal Camera and a Ti:Sapphire Pump Source in a Fractional Heating Experiment as Described Elsewhere [14]. \( \eta_{abs} \) was Derived from the Measurements of \( \eta \) and \( \eta_{ext} \). \( \alpha_0 \) was Calculated Given \( \eta_{abs} \) and \( \alpha_\text{r} \). Sample 7 has lower \( T_{ZCT} \), \( \eta_{abs} \), \( \alpha_0 \), and higher \( \eta \) and \( \eta_{ext} \), Indicating That It Contained Fewer Impurities as Compared to Sample 4. The Values for \( \eta_{abs} \), \( \alpha_0 \), and \( \alpha_\text{r} \) are Reported at \( T_{ZCT} \) and \( \lambda_p = 1020.6 \) nm.

<table>
<thead>
<tr>
<th></th>
<th>( T_{ZCT} ) (K)</th>
<th>( \eta_{ext} )</th>
<th>( \eta_{abs} )</th>
<th>( \eta )</th>
<th>( \alpha_\text{r} ) (cm(^{-1} ))</th>
<th>( \alpha_0 ) (cm(^{-1} ))</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample 4</td>
<td>238</td>
<td>0.9906</td>
<td>0.9831</td>
<td>0.9739</td>
<td>0.0315</td>
<td>5.42\times10^{-4}</td>
</tr>
<tr>
<td>Sample 7</td>
<td>158</td>
<td>0.9942</td>
<td>0.9815</td>
<td>0.9758</td>
<td>0.0165</td>
<td>3.11\times10^{-4}</td>
</tr>
</tbody>
</table>
as the best sample fabricated from precursors purified by solvent extraction.

5. CONCLUSIONS

We have successfully demonstrated the TBDLT—a non-contact spectroscopic technique for measuring laser-induced temperature changes in optical materials. This method was used to characterize and benchmark the performance of optical refrigerator materials. The TBDLT method uses two commercially available bandpass filters to select regions of the luminescence spectra that show different temperature dependences. These temperature-induced luminescence intensity changes can quantify laser-induced heating and cooling processes. The TBDLT achieved a sensitivity of 7 mK and could successfully detect the temperature at which laser-induced heating and cooling are exactly balanced. We have shown that the net quantum efficiency can be obtained with a high precision using the TBDLT. Several Yb^{3+}-doped fluorozirconate glasses were characterized by this method, and the results provided valuable feedback to the development of material purification and fabrication processes. The best ZBLANI:1\% Yb^{3+} sample produced in our laboratory achieved a $T_{\text{ZCT}}$ of 238 K and a corresponding net quantum efficiency of 97.39% at a pump wavelength of 1020.6 nm. This laser-cooling performance is a substantial improvement over samples prepared from commercial-grade high-purity metal fluoride precursors. While the TBDLT technique was shown to be an expedient and effective experimental method for characterizing the laser-cooling performance of Yb^{3+}-doped fluorozirconate glasses, it can be adapted easily to other rare-earth-doped crystals and glasses. The TBDLT enables a key diagnostic capability that is critical to the further development of high-performance solid-state optical cryocoolers.

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